

GOVERNMENT DEGREE COLLEGE BARAMULLA, JAMMU AND KASHMIR

NAAC Accredited Grade "A" and College with Potential for Excellence (CPE)

Azadi Ka Amrit Mahotsav (India@75)

GDC Baramulla Celebrates 75th Independence Day – 2021

August 15, 2021. As the nation is celebrated 75th Independence Day on August 15, 2021, a function was organized at Government Degree College, Baramulla where Principal of the college Prof. (Dr.) Mushtaq Ahmad Lone hoisted the flag amid rendering of the National Anthem. The event witnessed an overwhelming participation of teaching and non-teaching staff, local fund employees, NSS volunteers, and NCC contingent of the college.

Prof. Lone extended his warm greetings to participants for showing unparalleled zeal and enthusiasm to mark the event. In his address, Prof. Lone stressed on the need to inculcate the values of patriotism among students that will enable them to develop moral and intellectual faculties necessary for national development. He outlined the



need of higher education institutions to take the lead in this regard. He also congratulated the entire team of the college for their cooperation and support that eventually resulted in successful observation of the day. He, in particular, appreciated and acknowledged the efforts of NCC, Officer Prof. Tanveer Ahmad Lone and NSS Program Officers, Prof. Arshid

Ahmad Yattoo, Dr. Kaiser Ahmad Dar, and Dr. Syed Masarat Geelani for their unrelenting efforts and dedication,

which made this day a great success. He also commended the students of the college for actively taking part in a weeklong program consisting of a series of activities in recognition of *Azadi Ka Amrit Mahotsav (India@75)*.

In addition, the NCC contingent of the college under the auspicious supervision of Prof. Tanveer Ahmad Lone participated in the Independence Day function organized by the district administration at district police headquarters and bagged second position in Independence Day parade. The contingent was honoured with a trophy and participating cadets were given away certificates of participation / appreciation.



The function at the college level also witnessed a felicitation ceremony, wherein NSS volunteers and NCC contingent were awarded with participation certificates for participating in a host of activities/events conducted between August 09 and 15 in connection with *Azadi Ka Amrit Mahotsav (India@75)*. Furthermore, Mr. Shoib Farooq, Veeshan Shafi Khan, and Ramandeep Kour were rewarded with cash prize besides certificates of appreciation for bagging 1st, 2nd, and 3rd position in 'Essay Competition' held on August 14, 2021.

The Independence Day function drew to a close with distribution of sweets among the participants.

Furthermore, GDC Baramulla hosted/conducted a series of events/activities in the preceding week concerning *Azadi Ka Amrit Mahotsav (India@75)*. These included essay competition, rendering of the National Anthem, observing International Youth Day, webinars, and talk shows, among other things. A brief overview of these weeklong events/activities is as under:

August 14, 2021. The National Service Scheme (NSS) in collaboration with NCC contingent of Government Degree College, Baramulla conducted an *Essay Competition* on '**Constitution and Democracy Are the Biggest Enablers**' and '**Should People Be More Concerned About The common Good**' in light of *Azadi Ka Amrit Mahotsav (India@75)* and India's 75th year of Independence.

The competition witnessed a whopping response from participants, including NSS volunteers and NCC contingent of the college. The said competition was conducted in a newly constructed Eight Room Block in presence of worthy Principal of the college, Prof. (Dr.) Mushtaq Ahmad Lone. NSS Program Officers, Prof. Arshid Ahmad Yattoo, Dr. Kaiser Ahmad Dar, and Dr. Syed Masarat Geelani besides NCC Officer, Prof Tanveer Ahmad Lone, were squarely involved in planning and conducting of this event.



The paper copies of essays penned down by the participating students were examined and evaluated by a two-member panel of subject experts, including Prof. Zubair Ahmad Thoker and prof. Riyaz Ahmad Wani, Assistant Professors of History and Political Science, respectively. Based on the evaluation of answer scripts, Shoib Farooq of UG 6th semester, Veeshan Shafi Khan, UG 3rd semester, and Ramandeep Kour of UG 6th semester of GDC Baramulla bagged

first, second and third positions, respectively. These three top performers will be felicitated on August 15, 2021 (Independence Day) with a cash prize besides participation certificates. Others who participated in a weeklong events/activities conducted in view of *Azadi Ka Amrit Mahotsav (India@75)* shall also be honored with participation certificates on Independence Day–2021.

August 13, 2021. The National Service Scheme (NSS) Unit in collaboration with NCC contingent of Government Degree College, Baramulla contributed a rendering of the **National Anthem** in recognition of *Azadi Ka Amrit Mahotsav (India@75)* and India's 75th year of Independence. Due to ongoing COVID-19 pandemic and guidelines to be followed thereof, a moderate number of students, including NSS volunteers, NCC contingent, and faculty members of the college participated in the rendering process. Primarily, students of the college contributed in the rendering of the **National Anthem**, however, the faculty of the college was actively involved alongside the students and provided all help, support, and cooperation for the smooth and successful conduct of the event.



At the outset, Prof. (Dr.) Mushtaq Ahmad Lone, Principal, GDC, Baramulla welcomed the participants and appreciated the valour and heroism demonstrated while presenting the **National Anthem**. He also flagged the contributions of some prominent freedom fighters who did everything possible to free India from the clutches of



colonial rule. He stressed on the participants to resolve and inculcate the traits of tolerance, perseverance, diligence, forbearance, and open-mindedness, among other things.

The student contributors were mainly from NSS unit and NCC contingent of the college. Both male and female students participated during the rendering process despite the very thin ratio of female students enrolled in the college as most of the female students are enrolled in

nearby college, exclusively for females. Participants were properly guided about the set of steps, such as entering details, standing and recording the video, uploading it, and downloading the certificate, to be followed while contributing their individual rendering of the **National Anthem**. They (participants) were advised to do the needful individually following the aforementioned steps at <http://rashtragaan.in/>.

Others present on the occasion included, NSS Program Officers – Prof. Arshid Ahmad Yaatoo, Dr. Kaiser Ahmad Dar, and Dr. Syed Masarat Geelani. Prof. Tanveer Ahmad Lone, ANO, NCC contingent of the college was also present and actively engaged during the rendering process.

August 12, 2021. The National Service Scheme (NSS) Unit in collaboration with NCC contingent of Government Degree College, Baramulla organized a special session to commemorate **International National Youth Day (INYD)–2021** in recognition of *Azadi Ka Amrut Mahotsav (India@75)*. INYD is observed on August 12 every year and people celebrate it with full fervour. This day is celebrated through various events, awareness campaigns and concerts to bring to notice the socio-economic and socio-political issues that the youth in every nation face. On this day, governments and citizens across the world come together to recognise and bring attention to the problems usually faced by the youth.



Each year, UN decides a theme that is relevant to all global communities and citizens. This year's theme was **"Transforming Food Systems: Youth Innovation for Human and Planetary Health"**. In this regard, GDC Baramulla hosted a talk show on the aforementioned theme, delivered by Prof. A. M. Chalkoo, Associate Professor of Botany and Coordinator, IQAC of the college. A good number of students, including NSS volunteers, NCC

contingent, and few faculty members of the college attended the talk in person while following all COVID-19 appropriate behaviours. Others who graced the occasion and contributed significantly in organizing the session included, Dr. Syed Masarat Geelani, NSS Program Officer (Unit III) and Prof. Tanveer Ahmad Lone, ANO, NCC contingent of the college.

At the outset, Prof. (Dr.) Mushtaq Ahmad Lone, Principal, GDC, Baramulla welcomed the speaker and participants and gave an inaugural address wherein he enlightened participants about INYD and shed light on importance and spirit of observing the day at different platforms, across the globe. He alluded to certain verses of holy Koran to emphasise the role and responsibility of today's youth towards their own selves and their fellow human beings. He also touched upon social change and anticipated youth as ambassadors of social change.

Prof. A. M. Chalkoo, speaker of the day, shared some thought-provoking ideas and experiences in the light of this year's theme. He rendered a detailed account of evolution, purpose, and spirit of commemorating the day and reminded the participants, who luckily happened to be youth, their role and responsibility as productive members of a society. He thoroughly and lucidly explained a host of things associated with youth, including socio-economic and socio-political

issues that the youth in every nation face. He also stressed on the need for inclusive support mechanisms to ensure that youth individually and collectively show more inclination toward restoring the planet and protect life. Prof. Chalkoo also aspired that youth be more sensitive and responsive to the current and impending challenges, such as climate change, healthcare, social inclusion, and conservation of biodiversity.



Dr. Kaiser Ahmad Dar, NSS Program Officer (Unit-I) and faculty at Department of Psychology of the college conducted proceedings of the session and presented a brief gist and importance of observing the INYD.

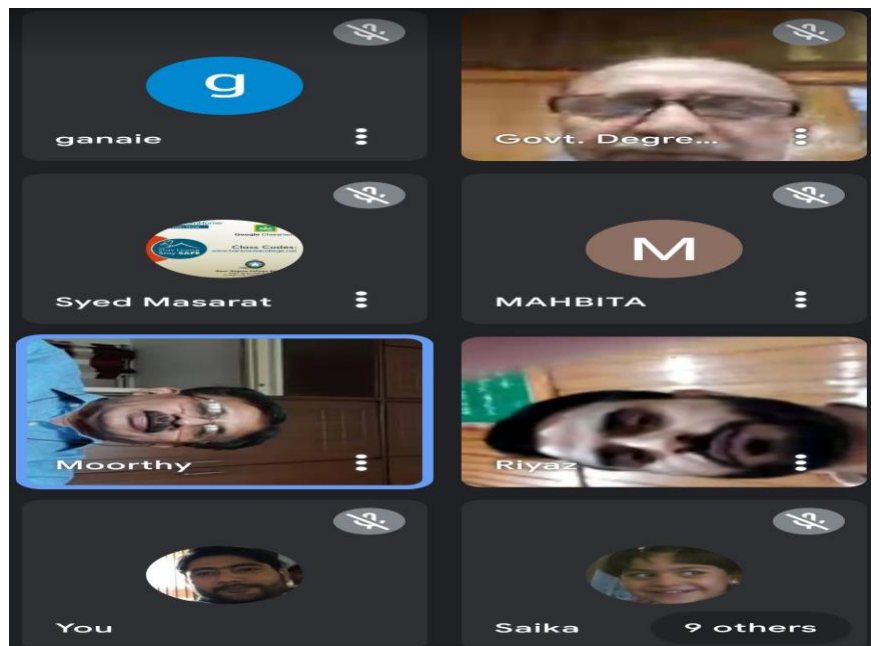
The event reasoned out with a vote of thanks proposed by Prof. Arshid Ahmad Yatoo, NSS Program Officer (Unit-I) and Head, Postgraduate Department of Computer Applications of the college.

August 11, 2021. In view of weeklong celebrations of *Azadi Ka Amrut Mahotsav (India@75)* to commemorate the 75th anniversary of India's Independence, NSS wing in collaboration with Department of Political Science, Government Degree College, Baramulla organized a webinar titled **“Remembering Mahatma Gandhi on 75th Independence**

The poster features the Indian tricolor and the Ashoka Lion Capital at the top. Text includes: **GOVERNMENT DEGREE COLLEGE (BOYS) BARAMULLA J&K, INDIA**, NAAC Re-Accredited "A", College with Potential for Excellence (UGC-CPE). The event is a **Webinar REMEMBERING MAHATMA GANDHI ON 75TH INDEPENDENCE DAY OF INDIA**, organized by the **National Service Scheme (NSS)**. It is scheduled for **11th August, 2021** at **11:00 am**. The patron is **Prof. (Dr.) Mushtaq Ahmad Lone**. The guest speaker is **Prof. Periya Krishna Moorthy**. The organizing committee includes Prof. Arshid Ahmad Yatoo, Dr. Kaiser Ahmad Dar, and Dr. Syed Masrat Geelani. Contact numbers are provided for more details.

Day of India. Our invited guest speaker, Prof. Periyar Krishna Moorthy, Former Dean, School of Social Sciences and International Studies, Pondicherry Central University, Pondicherry graced the occasion.

The worthy Principal, Prof. (Dr.) Mushtaq Ahmad Lone, formally inaugurated the session. At the very outset Prof. Lone payed a rich tribute to father of the nation, Mahatma Gandhi. In his address, he invoked the ideals of



Mahatma Gandhi and stressed that such ideals have always worked as torchbearer enabling the nation to tread the most treacherous paths successfully. He also expressed his gratitude to the guest of honour for accepting the invitation and agreeing to enlighten our students.

His (Prof. Lone) address was followed by introduction cum welcome speech by Prof. Riyaz

Ahmad wani, Head, Department of Political Science of the college. He tabled several achievements and contributions of Prof. Moorthy before the audience. He congratulated the participants for having the opportunity to listen to such a great personality having expertise on peace studies. Prof. Moorthy began his speech by explaining different challenges that the contemporary world is



facing ranging from power intoxication, greed and the menace that the social media is posing. Prof. Moorthy invoked the philosophy of none other than father of the nation, Mahatma Gandhi to address and resolve the aforementioned plagues faced by the people/nation. He very succinctly described the life and practice of Mahatma Gandhi including his ideas of Non-violence, Satyagrah, peaceful Non-cooperation, among other things. He alluded to certain instances to emphasize how these practices have been inspiring and motivating not only the people of India but also the rest of world. He concluded his speech by impressing upon students to read Gandhian ideals, the true world will automatically appear before you. He further explained this point by citing the example of movies on Mahatma Gandhi.



The talk was followed by a question answer session. Students posed wide-ranging questions, which were satisfactorily answered by the expert.

Earlier, Dr. Kaiser Ahmad Dar, NSS Program Officer (Unit II) of the college briefed participants about the webinar and the relevance of theme in the light of India's 75th year of Independence

(India@75). He maneuvered the proceedings of the session along with Dr. Syed Masarat Geelani, NSS Program Officer (Unit III) of the college.

In the end, Prof. Riyaz Ahmad Wani proposed vote of thanks. He thanked the guest for delivering such an informative and inspirational lecture and promised him that the ideals taught shall not remain only in theory but shall transpire in our practical life as well. Mr. Riyaz also thanked worthy Principle for his relentless support in organizing such events.

August 10, 2021. The National Service Scheme (NSS) in collaboration with NCC contingent, Government Degree College (GDC), Baramulla hosted a talk show titled '**India since Independence: A Model of Development**', second in the series of weeklong activities/events, under the banner, *Azadi Ka Amrit Mahotsav (India@75)* and Independence Day_2021. Prof. Riyaz Ahmad Wani, Head, Department of Political Science, GDC, Baramulla was the speaker on the occasion, heard and appreciated by roughly 70 participants, including NSS volunteers, NCC contingent, teaching and non-teaching faculty of the host-college.



Prof. (Dr.) Mushtaq Ahmad Lone, Principal of the college, formally opened up the event and welcomed the guest speaker and participants of the programme. While addressing the participants, he underscored the importance of conducting seminars, webinars, talk shows, cultural activities, and other relevant events to celebrate India's 75th year of independence (India@75). He highlighted certain historical and political events of supreme significance in India's struggle for independence from colonial powers. While highlighting India's exemplary achievements post-independence, he alluded to and drew parallels between India and other South Asian



countries.

Prof. Riyaz Ahmad wani began his speech by reminding the struggle, blood and sacrifices that our freedom fighters rendered to give us this independence of life. He very succinctly explained the enormous achievements made by India in various fields during the last 75 years. A comparative analysis of different South-Asian countries was presented in his argument to highlight India's success

story that was really inspiring and motivational. To further their enthusiasm towards nation, the speaker stated different reasons beneath this upward trajectory that has uplifted millions out of poverty and miseries. He stressed the role of Indian Constitution in this regard as unparalleled with its novel principles and ideals of democracy, socialism and secularism. “Directive Principles of Indian Constitution, enshrined in Part-III have



consistently guided the agents of the state toward establishing a more egalitarian and progressive society’, said, Prof. Wani. The speaker ended his speech by reminding the audiences that the phenomena of good governance is the result of reciprocity between the state institutions and public. “Wholehearted support and constructive criticism should be the approach of every citizen in judging the performance of the state so

that it will be able to serve its people in a better and productive way”, remarked, Prof. Wani.

His lecture was followed by a threadbare discussion on the issue noted above and a lively question/answer session, wherein the participants posed a volley of questions. All the queries raised by participants were answered to the highest level of satisfaction.

Earlier, Dr. Kaiser Ahmad Dar, Assistant

Professor of Psychology and NSS, Program Officer (Unit-II) of the college provided a brief gist of the talk show and contextualized the theme selected thereof. He hosted the session, introduced the speaker to the participants, announced the modalities of the session, and formally invited the speaker for the talk/presentation. The session culminated with vote of thanks offered by Dr. Syed Masarat Geelani, Head, Department of Urdu and NSS Program Officer (Unit-III) of the college. She thanked the speaker for agreeing to deliver the lecture on a short notice. She also expressed her sincere thanks to worthy Principal for his unclenched support in organising this session.



August 09, 2021. The National Service Scheme (NSS) in collaboration with RAAHAT Counselling cum Disability Resource Centre, Government Degree College, Baramulla organized a webinar titled **‘Substance Abuse: A Move towards Drug-Free India’** in connection with *Azadi Ka Amrit Mahotsav (India@75)* and Independence Day_2021. Dr. Mudassir Hassan, Assistant professor, Child Psychology, Government Medical College, Baramulla was the invited speaker on the occasion, heard and appreciated by student population and teaching and non-teaching faculty of the host-college.

AZAADI KA AMRIT MOHATSAAV

Webinar
Substance Abuse: A Move Towards Drug Free India

Organised by
National Service Scheme (NSS)
in collaboration with
**RAHAAT COUNSELLING CUM
DISABILITY RESOURCE CENTRE**

Scheduled on 09th August, 2021
Timing: 11:00 am

Interested participants are advised to join the webinar using the link
<https://meet.google.com/sdz-nkis-yyi>
Or open Meet and enter the code: **sdz-nkis-yyi**

ORGANISING COMMITTEE
Prof. Arshid Ahmad Yattoo_Program Officer Unit-I
Dr. Kaiser Ahmad Dar_Program Officer Unit-II
Dr. Syed Masrat Geelani_Program Officer Unit-III

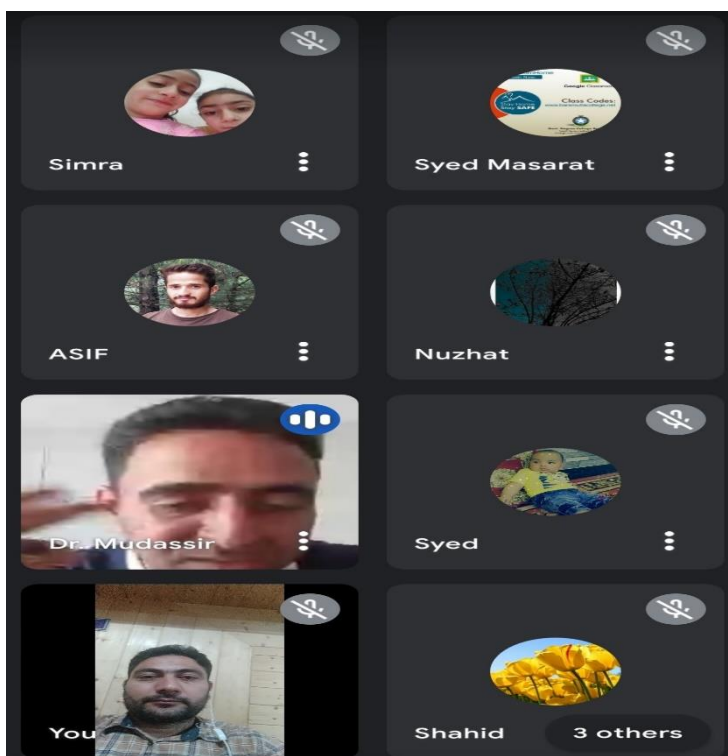
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Prof. (Dr.) Mushtaq Ahmad Lone
Patron/ Principal

Dr. Mudassir Hussain
Assistant Professor (Child Psychology GMC, Bia.)

Azaadi ka Amrit Mahotsav

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Prof. (Dr.) Mushtaq Ahmad Lone, Principal of the college, formally opened up the event and welcomed the guest speaker and participants of the webinar. While addressing the participants, he underscored the importance of conducting webinars and awareness sessions on the above captioned theme in order to arrest the ever-mounting curve of substance abuse in different age groups. “Freeing our brethren or a society from use, abuse, and misuse of different variants of substances could be a real tribute and service to the nation on its 75th year of independence, or *Azadi Ka Amrit Mahotsav (India@75)*”, said, Prof. Lone.

He appreciated the efforts of NSS Program Officers and RAAHAT Counselling cum Disability Resource Centre of the college for being sensitive towards these social issues (substance abuse) that has engulfed a major chunk of population regardless of age, gender, faith, place of residence, among other things.

Dr. Mudassir Hassan presented an overview of substance abuse in Kashmir valley. Dr. Mudassir asserted that anyone can turn to substances and therefore, cautioned participants about their responsibilities as parents, teachers, and well-wishers in curbing this menace in and around their surroundings. He stated that becoming a substance user or abuser is not an overnight phenomenon, however, one has to pass through a series of phases to qualify for diagnosis. He plainly explained the key attributes of each phase and allied cognitive, emotional, and behavioural changes that follow. He also discussed the process and mechanism of substance abuse and corresponding neurochemical, physiological, and psychosocial changes that are used as indicators/signs for identifying and diagnosing substance abusers. Dr. Mudassir alluded to different theoretical perspectives and personal observations behind substance abuse and its prevention. He also educated participants about the rise of substance abuse during the COVID-19 pandemic and the probable factors thereof. In addition, he also discussed different ways of looking at substance abuse and deliberated on various psychological preventive therapies/strategies to have a drug-free society, and therefore, a drug-free India.

His lecture was followed by a threadbare discussion on the issue noted above and a lively question/answer session, wherein the participants posed a volley of questions vis-à-vis current situation of substance abuse menace in Kashmir valley. All the queries raised by participants were answered to the highest level of satisfaction.

Earlier, Dr. Kaiser Ahmad Dar, Assistant Professor of Psychology and NSS, Program Officer (Unit-II) of the college provided a brief gist of the webinar and contextualized the theme

selected thereof. Prof. Arshid Ahmad Yattoo, Head, Department of Computer Applications and NSS Program officer (Unit-I) introduced the guest speaker to the participants, announced the modalities of the session, and formally invited the speaker for the talk/presentation.

The session culminated with vote of thanks offered by Dr. Syed Masarat Geelani, HoD, Urdu and NSS Program Officer (Unit-III) of the college.

