

GOVERNMENT DEGREE COLLEGE BARAMULLA

SEMESTER – 1st

Skill Enhancement Course (Sec)

Subject: Social Works

Title: Mental Health and Psychiatric Social Work

Course code: BSW22S102

Credit: (4) (Theory: 02, Tutorials = 2)

Contact Hours: 32 (T) + 32 (T)

Course Learning Objectives

This course is aimed at increasing the learners' abilities to:

1. Understand the concept of mental health
2. Understand the role of social worker in Psychiatric Settings

Course Learning Outcomes

The course endeavours to enable students to develop the following competencies

1. Identify signs of poor mental health and practice self-care
2. Identify and own their role as social work practitioners in psychiatric settings

THEORY (2 CREDITS)

Unit 1: Mental Health (16 hours)

1. Health: Concept and Dimensions
2. Mental Health: Concept and Objectives
3. Characteristics of Mentally Healthy person
4. Warning signs of poor mental health
5. Common myths and misconceptions about mental illness

Unit 2: Psychiatric Social Work (16 hours)

1. Bio- Psycho-Social cause of mental Illness
2. Social Work Practices in Psychiatric
3. Psychiatric Social Work with children
4. Parenting and Psychiatric Social Work

TUTORIALS (2 CREDITS) (30 hours)

- 1) Relevant videos on mental health
- 2) Journal writing, Term Paper on the topics covered in the theory units.

References

1. Verma, Rattan, (1991), Psychiatric Social Work in India, New Delhi, Sage Publications.
2. National Institute of Mental Health and Family Welfare, (2016), Manual of Mental health for Social Workers, New Delhi: India.
3. Mane. P & Gandevia Y.K. (1995), Mental Health in India – Issues and Concerns, Bombay, TISS.
4. Sekar, K. Parthasarathy. R, Muralidhar,D. Handbook of Psychiatric Social Work, Bangalore: NIMHANS.
5. Srinivasa Murthy & Burns B. (Eds). Community Mental Health – Proceedings of the Indo-US Symposium. Bangalore: NIMHANS, 1992.
6. Ramasamy, P. (2008), General and Medical Sociology, Chennai, New Millennium Publications.
7. Park. K. (2015) Preventive and Social Medicine. M/S Banarsidas Bhanot, Jabalpur.
8. Harvey C, (1997), Social Work with Mentally handicapped people, London, Haineman Publishers.
9. Hudson, LB, (1999), Social work with psychiatric patients, Chennai, Macmillan.